

Course Title	SSI 206-1 ISSUES IN HUMAN RELATIONSHIPS		Instructor(s)	Aya Kasai PhD, MFT, CPP
			E-mail	akasai@miu.ac.jp
Class Style	Lecture & Active Learning		Office Hours	Tuesday & Wednesday 14:30 - 16:00
Track	Liberal Arts		Mode of Instruction	Solo
Credits	2		Allocated Year	2nd year, Spring Semester
Active Learning	4-(1) Interactive Lecture 2-(3) Presentations 4-(9) Group Work on Questions 5-(2) Simulations and Experiments		Compulsory or Elective	Elective
Course Overview	A global examination of the major patterns of human relations including gender, the family, and the workplace in different cultures and institutions. This course is designed to help students learn about some major components of relationships to self and others, including cultural influences. Students will be encouraged to think critically by examining theories about human relationships and by applying knowledge from the course to real-life situations.			
Course Objectives	Through this course, students will: <ol style="list-style-type: none"> <li>1. learn more about types and functions of emotions</li> <li>2. apply developmental and cultural concepts to understand human relationships</li> <li>3. analyze functional and dysfunctional relationships and dynamics through applying communication theories and concepts</li> <li>4. develop self-awareness and effective communication</li> <li>5. Develop an appreciation and curiosity for intra- and inter-personal relationships of self and others</li> </ol>			
Prerequisite	None			
Course Schedule	No	Contents	Homework	
	1	Relationship with self	Reading/writing/other activity	
	2	Handling emotions	Reading/writing/other activity	
	3	Body and mind	Reading/writing/other activity	
	4	Resource and resiliency	Reading/writing/other activity	
	5	Somatic literacy	Reading/writing/other activity	
	6	Integration	Reading/writing/other activity	
	7	Relationship with others	Reading/writing/other activity	
	8	Healthy relationship 1	Reading/writing/other activity	
	9	Healthy relationship 2	Reading/writing/other activity	
	10	Poster presentation	Reading/writing/other activity	
	11	Relationship with society	Reading/writing/other activity	
	12	Aggression and violence	Reading/writing/other activity	
	13	Nonviolent communication	Reading/writing/other activity	
	14	Restorative dialogue	Reading/writing/other activity	
	15	Integration	Reading/writing/other activity	
		Final Exam		
Grading	Reading, writing, other activities: 70%, Exam/project: 30%  The final grade will be determined as below. A: 90-100 points, B: 80-89 points, C: 70-79 points, D: 60-69 points, F: Less than 60 points			

	<p>Plagiarism: Plagiarism is not acceptable at MIU. Students must submit their own work and not copy from other sources, unless they credit their sources with appropriate referencing. Students caught copying information from other sources and pretending that it is their own work will automatically result in a grade of 'F' or withdrawal from the course.</p>
Textbooks	Handouts will be provided in class.
References	None
NOTES	<p><b>STUDENT RESPONSIBILITIES:</b></p> <ul style="list-style-type: none"> <li>• If you do not attend a class during add/drop week for unexcused reasons, your place may be given to a waitlisted student.</li> <li>• You are expected to inform the instructor in advance if you must miss a class. If you miss a class, you are expected to obtain missing materials and catch up by talking to other students and the instructor as soon as possible.</li> <li>• Excused absence from class (in case of illness or family emergency) requires a written notice from a doctor or other appropriate individuals within 7 days. All other absence from class will be considered "unexcused".</li> <li>• If you are not in the classroom when the instructor takes attendance, you will be marked as late. 3 late attendances = 1 absence. 30min late = 1 absence. More than 3 unexcused absences will result in a grade of F (Fail).</li> <li>• Assignments completion: It is your responsibility to attend all classes, to participate actively as a member of the class, and to complete and hand in all assigned work as required to pass this course.</li> </ul> <p><b>LEARNING ENVIRONMENT:</b></p> <ul style="list-style-type: none"> <li>• I will make efforts to address the different learning styles of students in the class. There will be a combination of whole-class activities, individually based activities, small group work, and lecture.</li> <li>• Students and instructors will work together to create safe learning environment for everyone. Harassment or bullying will not be tolerated.</li> </ul> <p><b>REASONABLE ACCOMMODATIONS:</b></p> <ul style="list-style-type: none"> <li>• It is our goal that all students have an effective learning environment. Please let me know all necessary accommodations needed to make the class fully accessible.</li> </ul> <p><b>The instructor reserves the right to make changes to this syllabus at any time.</b></p>